

NOTICE OF ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting (Meeting) of the Trigeminal Neuralgia Association UK (Charity Number: 1155001) (TNA UK) will be held at Copthorne Tara Hotel, London Kensington, Scarsdale Place, Kensington, London, United Kingdom W8 5SY on 14 January 2023 at 9.15am.

If you are planning to attend the AGM in person, please would you confirm your attendance (to ensure that we have sufficient catering and accommodation available on the day) via email to Heather Morris at heather.morris@tna.org.uk. Members holding tickets have been pre-registered. Confirmation of attendance to Heather Morris is not a prerequisite to attending the meeting in person.

You will be asked to consider and vote on the resolutions below. Resolutions 1 to 9 will be proposed as ordinary resolutions and resolution 10 will be proposed as a special resolution.

Ordinary Resolutions

To consider, and if thought fit, pass the following resolutions 1 to 9 as ordinary resolutions (being resolutions requiring a simple majority of votes in favour at the Meeting):

1. To receive and adopt the annual statement of accounts of TNA UK for the year ended 31 March 2022, together with the Charity Trustees' annual report;
2. To appoint Haines Watts as auditor to TNA UK, to hold office until the end of the next general meeting at which annual accounts are laid before TNA UK;
3. To authorise the Charity Trustees to determine the remuneration, if any, of the auditor of the TNA UK;
4. To re-elect Lorraine Woolley as a Charity Trustee;
5. To re-elect Kirsten Cooper as a Charity Trustee;
6. To re-elect Robert Jackson as a Charity Trustee;
7. To re-elect Deborah Edwards as a Charity Trustee;
8. To re-elect Anne-Marie Poynor as a Charity Trustee;
9. To re-elect Tony Williams as a Charity Trustee;

Special Resolutions

To consider, and if thought fit, pass the following resolution 10 as a special resolution (being a resolution requiring 75% of votes in favour at the Meeting):

10. To adopt an amended constitution for TNA UK, in the form presented to the Meeting.

By order of the Charity Trustees

Aneeta Prem

Chief Executive Officer, Trigeminal Neuralgia Association UK

Charity Number: 1155001

19 December 2022

NOTES TO THE NOTICE OF ANNUAL GENERAL MEETING

Voting at the General Meeting

1. In accordance with paragraph 10(6)(b) of the existing constitution of TNA UK, a resolution put to the vote at the Meeting is to be decided on a show of hands. Every member attending the Meeting has one vote. In the event of an equality of votes, the chair of the Meeting shall have a second, or casting vote. The existing constitution of TNA UK does not permit voting via proxy.
2. An organisation or a corporate body that is a member of TNA UK may, in accordance with its usual decision-making process, authorise a person to act as its representative at the Meeting. The representative is entitled to exercise the same powers on behalf of the organisation or corporate body as the organisation or corporate body could exercise as an individual member of TNA UK.

Annual Statement of Accounts / Charity Trustees' Annual Report (Resolution 1)

3. Copies of the annual statement of accounts and the Charity Trustees' annual report accompany this Notice.

Re-appointment of auditor / auditor's remuneration (Resolutions 2 and 3)

4. The auditor of TNA UK must be reappointed at each general meeting at which accounts are laid, to hold office until the conclusion of the next such meeting. It is proposed that Haines Watts (a firm of accountants) be appointed as the auditor of TNA UK (in substitution for Mr. Mike Gibbard), to hold office from the conclusion of the Meeting until the conclusion of the next general meeting at which the annual statement of accounts are laid. Resolution 3 proposes that the Charity Trustees be authorised to set the auditor's remuneration.

Retirement of Charity Trustee by Rotation (Resolutions 4 – 9 (inclusive))

5. In accordance with paragraph 13(2) of the existing constitution of TNA UK, one third (by number) of the Charity Trustees are obliged to resign by rotation at each annual general meeting of TNA UK. In the interests of enhanced corporate governance, all current Charity Trustees will retire and stand for reappointment. Biographies of each of the persons standing for reappointment are set out in the Appendix to this Notice.

Amendment to TNA Constitution (Resolution 10)

6. A copy of a “redline” version showing the changes from the existing constitution of TNA UK accompanies this Notice. The changes are being made to:
 - a. Article 3 – to enable TNA UK to campaign for research funds;
 - b. article 11(5) – to reduce the quorum for general meetings of TNA UK to three members; and
 - c. Article 15 - to permit the removal of a charity trustee in the event that a majority of the then existing trustees vote in favour of such removal.

These changes are designed to increase the organisational effectiveness of TNA UK, with the change to article 11(5) being proposed in particular to avoid the costs and logistical challenges associated with having a quorum of “*the greater of thirty-five or 2.5 per cent. of members*”).

Members should note that, pursuant to article 28(2) of the existing constitution of TNA UK, any amendment to Article 3 requires the prior written consent of the Charity Commission. Such consent has been sought and it is anticipated that it will be received in advance of the Meeting. In the event that the requisite consent is not received ahead of the Meeting, the proposed change to Article 3 will be automatically withdrawn, with the Meeting voting on the proposed changes to Articles 11(5) and 15 only.

Communication

7. Members who have general queries about the Meeting or this Notice should contact Aneeta Prem:
 - via email at heather.morris@tna.org.uk; or
 - via post at TN Association, PO Box 10973, Nottingham, NG16 9GN

Copies of this Notice (and the documents referred to in it) can be found on TNA UK’s website at: [What is Trigeminal Neuralgia? - TNA](#)

Appendix

Biographies of each of the persons standing for reappointment

Tony Williams

Born in Hammersmith West London where he spent most of his early childhood years and then moved to Twickenham.

Education

Attended St. Josephs College in Liverpool where he attained his educational qualifications in preparation for entry into full time employment.

Employment

Worked for District Valuers office for 9 years to practice as a residential Valuer, then created various Estate Agency practices before branching out as a Citizens Advice volunteer as well as the Director of a marketing company.

Family & Interests

Married with three adult children and 5 grand children. Loves walking and keeping fit as well as travelling around the UK and internationally.

TN Story

Diagnosed with Classic TN in 2015 and has successfully managed the symptoms and pain during these years with various medications which have enabled him to continue with minimum interruption in his working life.

Involvement with TNA

Joined TNA in 2015 and as a result of its overwhelming assistance and support soon volunteered to join the helpline and has recently become involved in membership development. He hopes that by imparting credible information and comfort to fellow sufferers they will be able to successfully manage their condition(s)

Kirsten Cooper

Education and Employment

Graduated from Salford University in 2013 with an honours degree in Sociology with Criminology
Worked in various areas of healthcare for 12 years, including roles such as a GP receptionist and administration, veterinary receptionist and assistant, private hospital receptionist, booking coordinator and telephone support

Currently working as a Patient Support Officer, Failsafe Officer and Clinic Coordinator for a nationwide specialist eye hospital

Interests

Lives in Bolton with husband and baby daughter

Has two rescue cats, both with disabilities, and advocates for animal adoptions

Likes reading, playing board games with friends and pilates

TN Story

Diagnosed with trigeminal neuralgia in 2016 at 23 years old

Started blog The Pain Corner in 2017, to write about day to day living with facial pain and to reach out to others in pain

Took part in the TN Awareness Day 2021 campaign to light up the world in teal with TNnMe, amassing around 200 lit up locations across the globe

Working with the TNA UK

Trustee since 2020

Local Support Group Leader for the North West/Lancashire since 2020

Looks after distribution of shop merchandise

Assists with social media, website administration and national zoom calls

Robert Jackson

Robert Jackson has had a varied and successful career the underlying feature of Robert is the amount of charitable work he has done throughout his lifetime.

From working with those with disabilities.

Robert was a senior magistrate for many years in Essex and London.

Robert was the chair of courts in London and also elected into senior positions within the court service.

January 2012 the Stratford bench amalgamated with Thames & Waltham Forest benches with calling itself the East London Bench.

I was elected by my colleagues as Justices Fund administrator looking after the welfare of 350 magistrates who may be sick or retiring.

.Due to having a stroke some years ago I decided to sell the company in Nov 2007 to Lantern PLC.

All my loyal staff were transferred under TUPE to Lantern

For many years I have always supported BEN The automotive industry charity.

After my retirement from the bench in 2016 I was appointed as a Lay Observer for the MOJ interviewing detained persons in custody at court, and prisoners who have just entered prison system.

The purpose of this role is reporting on their welfare and treatment whilst in custody at court.

I am also a Youth Referral Panel Member (Restorative Justice for Norfolk and Suffolk interviewing young persons).

Another voluntary role that I am involved with is for the RSPCA as a Home Visitor

As the treasurer of the TNA I have overseen the banking process to change to a HSBC accounts which is more fit for purpose for our needs. I have excellent working relationship with the our account bank manager. I work closely with the Aneeta Prem CEO and have regular meetings and set up a finance committee. our funding strategy's and work closely with our office and Finance manager Heather Morris.

Lorraine Woolley MBE

Born in London, Hampstead Garden Suburb, lived for a year in Switzerland, lived in Finchley and finally moved to Essex.

Education

Went to a private school predominately Drama & Dancing, achieved Teachers certificate from Imperial Society Teachers of Dancing, Modern Dance Branch, Guildhall Music & Drama Teachers Award.

Employment

Taught Drama, moving on to Acting in TV & Theatre work. Owned a Record Shop for 6 years then went on to the Entertainments Industry working for the BBC for many years, Finally a Consultant in the same industry retiring in 2009.

Family and Interests

Live with my Partner and a Rescue Border terrier. Spent 42 Years as a Volunteer as a Special Constable in the Metropolitan Police rising to Chief Officer with responsibility for 6k volunteers, for which I was awarded the MBE. For the past 8 years I have volunteered for the Metropolitan Police and Essex Police. Worked Voluntary in Romania for 8 years, like walking the dog, music, films, cooking, eating out and travelling

TN Story -Had pains in my face in around 1985 not diagnosed with TN till 1999, despite horrendous pain still managed with medication which does not always relieve the pain

Involvement with TNA

Helped at TNA conference and AGM's, Sourced a venue in Central London for TNA to hold conferences in the future.

Run the Essex Support Group with members from other counties as more recently Zoom Meeting and Set up an Essex What's App Group

As a Trustee since 2018 attended TNA Executive Committee meetings,

Attended Neurological Conference on behalf of TNA and manned a stand for TNA at the same conference

Helped clear TNA office in Oxted when we moved.

Interim Treasurer

Working with a TV director and script writer to produce a promotional video for TNA.

Met with Chief Executive of the City of London, with a view to holding a Dinner for TNA in location in the City.

Deborah Edwards

Born in Derby, East Midlands. Grew up in Derby, lived in the North West for eleven years and returned to Derby in 2010.

Education

Graduated with BSc (Honours) in Computing and Mathematical Sciences. Also attained a Diploma in Computing from The Open University along with several other lower level qualifications which I obtained during my time as an Engineering Apprentice.

Employment

Worked for 26 years in Engineering, with the last five years as an Engineering Manager. Managing a team of 18 verification engineers, including all aspects of both technical and people management; planning current and future workloads, making technical decisions and providing advice to a team of engineers, performing personal development reviews, managing team performance, liaising with project leads, determining resource demand required to meet project deadlines. Left Engineering in May 2017 (following my MVD) and now run my own successful cake business.

Family and Interests

Married. Likes walking, cake decorating, motorcycling, reading, going to the cinema and travelling.

TN Story

Diagnosed with TN in 2011 and managed the symptoms with a combination of medication until June 2016. 2016 saw a significant change in the pain level and subsequently I had a successful MVD in February 2017. Have been medication free since a few months after my MVD.

Involvement with TNA

Joined TNA in October 2017; due to the support I had received when my TN was at its worst, I decided I wanted to give something back to the charity. I began working on the telephone helpline initially. In December 2019 I joined the TNA's board of Trustees and also volunteered to man the Email Helpline, help with the Social Media pages, editor of TNA's website and also run a Local Support Group in my area.

The help I received from the TN Association, when I needed it most during my TN journey, helped me get on the right path for the medical help I needed. Working on the support areas within TNA provides

me with a great sense of satisfaction. My involvement with TNA is very important to me and I hope that the information and support I provide to members of the public will help them feel less isolated and provide them with valuable information about TN and its treatment options.

Anne-Marie Poynor

I was born in London and moved to Northern Ireland as a teenager and have lived there ever since. I trained to be a secondary school teacher at Notre Dame College of Education in Liverpool. I qualified as a Drama and Dance specialist. I did further training over the years which included a Diploma in the Advanced Study of Education – specialising in Special Needs and a MSc in Education for Contemporary Society.

I taught for 27 years in post-primary and was Head of Drama, Head of Special Needs and SENCo. I was also responsible for school productions and co-ordinator for Cross-Community Relations. The latter involved working with a Protestant school around peace and reconciliation work.

I then went to work with the Education Authority. My main role was training teachers and principals, School Improvement work with failing schools, writing curriculum and training materials for Citizenship Education, Board of Governors and a range of other support work for schools and teachers.

I was privileged to have worked closely with the Republic of Ireland on cross-border reconciliation work. During this time I became a country lead for the Five Nations Network (UK and ROI) organising, facilitating and hosting our annual conferences.

I retired in 2015 and continue to work as an Education Consultant. I do work for:

- Queen's University as a PGCE tutor for Politics and Sociology students,
- UNICEF as a trainer and assessor for the Rights Respecting Schools Silver and Gold Awards,
- CCEA writing curriculum materials e.g. Understanding Homelessness, Well Being and Active Citizenship and other guidance materials.

I have been very involved in the training of teachers around how to tackle controversial issues in the classroom. And finally, I am a director and secretary for the Ulster Theatre Company (UTC).

I am also married to the Artistic Director of UTC. I have two grown up children and two cats Byron and Brontë who are just over two years old. In my spare time, if I have any, I love camping in Europe, walking, theatre and yoga.

I was diagnosed with TN in 2006. TNA was my life saver at a certain point when I was in despair and I discovered, at the other end of a telephone, someone who understood the extreme pain I was in. Her help and advice was invaluable. I have had some periods of remission whilst taking medication and have had two procedures, radio frequency lesioning which gave me 3 ½ years pain free and gamma knife which has also given me 3 ½ years of no pain.

After joining TNA I volunteered for the Telephone Helpline and I now co-ordinate it and help with the email helpline too. I have recently become a Trustee and have just set up a NI/ROI support group for fellow sufferers. I love to feel that I am giving something back to the organisation that was my life saver. I am a very active and enthusiastic person dedicated to the current work of TNA and committed to playing a proactive role in raising awareness of TN and campaigning for funding, research and a higher profile in the media. Listening to the despair when people reach out for help drives me to try and find a way of easing this excruciating condition and helping others – and myself!

Registered Charity 1155001

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