

**Report of the Trustees and  
Unaudited Financial Statements  
for the Year Ended 31 March 2023  
for  
TRIGEMINAL NEURALGIA ASSOCIATION UK**

Cooper Parry Advisory Limited  
Juniper House  
Warley Hill Business Park  
The Drive  
Brentwood  
Essex  
CM13 3BE

**TRIGEMINAL NEURALGIA ASSOCIATION UK**

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for the year ended 31 March 2023**

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# TRIGEMINAL NEURALGIA ASSOCIATION UK

## Report of the Trustees for the year ended 31 March 2023

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### Public Benefit

The Trustees confirm that they have complied with the duty in Section Four of the Charities Act 2011, which came into effect in 2012, to duly regard the public benefit guidance published by the Charity Commission's 'Charities and Public Benefit' Guidance.

### Objectives and Activities

The Trigeminal Neuralgia Association UK exists to bring the relief of those suffering from Trigeminal Neuralgia (TN) and the for the promotion of an improved quality of life in respect of this condition, in particular by:

- a) providing evidence-based information, support and encouragement and adding to the body of knowledge about Trigeminal Neuralgia;
- b) to provide support, information and advice (other than medical advice) to people suffering from TN;
- c) to raise awareness of TN, its symptoms, management and treatment;
- d) to support research projects deemed beneficial to Trigeminal Neuralgia sufferers without separately campaigning for research funds. However, it is at the discretion of the Trustees as to whether further support for a particular project is of such importance that it warrants the charity raising additional funds for research.

The charity's services are applied throughout England and Wales, Northern Ireland and Scotland and has UK-wide membership.

In addition to its general charitable purposes, TNA UK also contributes to public benefit by providing advocacy, education and training.

TNA UK maintains a small staff team and provides a UK-wide helpline service staffed by volunteers, including trustees, for the purpose of support and counselling to members and other sufferers.

### Achievements and Performance

This financial year has seen growth and development in several areas of TNA's work. Notably we:

#### Digital Engagement:

- Initiated the "Face of TN" video campaign, which markedly boosted our online presence.
- Published two well-received membership magazines, sharing valuable information, updates and insights.
- Released a series of educational videos which improved understanding of crucial issues and enhanced our digital outreach.

#### Membership Growth:

- Experienced a welcome rise in membership, reflecting our growing impact.
- Upgraded our website with a user-friendly forum, facilitating better community engagement.
- Provided comprehensive training for helpline volunteers, thanks to a trust grant.

#### Events and Learning Opportunities:

- Convened a successful annual in-person conference in London, featuring notable speakers including Giorgio Sinan, CEO Aneeta Prem and David Martin from the Multiple Sclerosis Society.
- This together with other meeting events fostered significant learning and networking opportunities for attendees.

#### Community Initiatives:

- Secured mobile phones, SIM cards, and mobile data, improving our communication tools, particularly for members not yet internet connected.
- Launched local support groups, including the prominent London group, for enhanced member encouragement and support.
- Resumed in-person activities, such as our "Tea for TNA" friendly fund-raising sessions, post-COVID.

#### Membership Engagement:

- Implemented exit interviews, reinforcing our commitment to members.
- Launched the 'Friendship Line', a novel modern approach to community support.

#### Helpline Expansion:

- Integrated Samaritans into our freephone helpline options, broadening our support network for individuals experiencing severe challenges.
- Introduced a smartphone 'Text to Give' option, simplifying the donation process for supporters.

#### Research and Fundraising:

- Stepped up fundraising efforts, notably with competitors in the London marathon.
- Invested in research by funding a PhD student, contributing to wider understanding in the future and potential growth in our sector.

## TRIGEMINAL NEURALGIA ASSOCIATION UK

### Report of the Trustees for the year ended 31 March 2023

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#### **National Engagement:**

- Conducted a series of successful well-attended national Zoom meetings, enhancing member interaction and facilitating enthusiastic mutual support.

#### **Conclusion:**

This year showcased substantial progress and achievements which will strengthen the Association's presence and lead to an improved experience for our members.

Our sincere thanks go to all of our active members, staff volunteers, and supporters for their unwavering commitment to bringing beneficial improvement to the lives of all those who suffer with TN and other types of chronic facial pain.

#### **Financial Review**

The results for the year are set out in the attached accounts. Total unrestricted funds at 31 March 2023 were £216,722 compared with £266,848 at 31 March 2022. Total income during the year was £127,174 (2022: £116,769) and total expenditure during the year was £163,745 (2022: £123,247).

In the past financial year, our charity has strategically invested beyond our projected budget. This overspend, while significant, was a conscious decision aligned with our long-term objectives. It encompassed vital areas such as research and development, event hosting, and enhancing our operational capabilities. These investments, including the scoping of new funding opportunities and upskilling our team, are fundamental to our growth and continued compliance with legal standards. Although partially offset by increased revenue from memberships and other sources, this expenditure represents our commitment to advancing our mission and ensuring our sustainability in the long term.

#### **Reserves Policy**

The trustees have decided that the amount of 'free' reserves (ie unrestricted reserves not designated as tangible assets) held by the charity should be maintained at a level equal to the approximate running costs of the charity for a six month period. This is estimated to be around £60,000.

#### **Risk Assessment**

The Trustees have assessed the major risks to which the Trigeminal Neuralgia Association UK is exposed, in particular those related to its operation and finances, and are satisfied that sufficient systems and insurance policies are in place to mitigate exposure to major risks.

Our objective of providing advice and support to beneficiaries in vulnerable circumstances means that some exposure to risk is unavoidable, and cannot be predicted. We continue to take action and care to reduce such losses, but accept some degree of risk as incumbent on our core responsibility to provide our service to individuals living with extreme pain and mental anguish, often in isolated and chaotic situations.

Grants provided for research purposes are closely monitored and measured so that the charity can choose to focus its limited resources on support for projects most likely to bring optimum results.

#### **Structure, governance and management**

The charity is governed according to its Constitution and is a Charitable Incorporated Organisation, having been entered in the register of Charities on 13 December 2013.

TRIGEMINAL NEURALGIA ASSOCIATION UK

Report of the Trustees  
for the year ended 31 March 2023

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**Reference and administrative details**

**Registered Charity number**

1155001

**Address**

Hellesdon House  
28 Hellesdon Mill Lane  
Norwich  
NR6 5AY

**Trustees**

Anne-Marie Poynor (resigned 28/01/2023)  
Dr Robert Coveney (resigned 19/10/2022)  
Robert Jackson JP  
Helen Clayton (resigned 2022)  
Deborah Edwards  
Kirsten Cooper  
Lorraine Woolley MBE  
Professor Joanna Zakrzewska MD FDSRCS (resigned 19/10/22)  
Tony Williams

**Independent Examiners**

Cooper Parry Advisory Limited  
Juniper House  
Warley Hill Business Park  
The Drive  
Brentwood  
Essex CM13 3BE

**Bankers**

National Westminster Bank Plc  
Western Avenue  
Waterside Court  
Chatham Maritime  
Chatham  
Kent ME4 4RT

HSBC UK Bank plc  
18 London Street  
Norwich  
Norfolk NR2 1LG

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....  
R Jackson JP - Trustee

**Independent Examiner's Report to the Trustees of  
Trigeminal Neuralgia Association UK**

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**Independent examiner's report to the trustees of Trigeminal Neuralgia Association UK**

I report to the charity trustees on my examination of the accounts of Trigeminal Neuralgia Association UK (the Trust) for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jimmy Shroff

Cooper Parry Advisory Limited  
Juniper House  
Warley Hill Business Park  
The Drive  
Brentwood  
Essex  
CM13 3BE

Date: .....

TRIGEMINAL NEURALGIA ASSOCIATION UK

Statement of Financial Activities  
for the year ended 31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>Income and endowments from</b>					
Donations and legacies		62,015	18,786	80,801	76,647
<b>Charitable activities</b>					
Charitable activities		40,757	-	40,757	39,468
Other trading activities	2	4,800	-	4,800	636
Investment income	3	816	-	816	18
<b>Total</b>		<b>108,388</b>	<b>18,786</b>	<b>127,174</b>	<b>116,769</b>
<b>Expenditure on</b>					
Raising funds		22,701	-	22,701	12,550
<b>Charitable activities</b>					
Charitable activities		135,763	5,281	141,044	110,697
<b>Total</b>		<b>158,464</b>	<b>5,281</b>	<b>163,745</b>	<b>123,247</b>
<b>NET INCOME/(EXPENDITURE)</b>		<b>(50,076)</b>	<b>13,505</b>	<b>(36,571)</b>	<b>(6,478)</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		266,848	4,798	271,646	278,124
<b>Total funds carried forward</b>		<b>216,772</b>	<b>18,303</b>	<b>235,075</b>	<b>271,646</b>

The notes form part of these financial statements

TRIGEMINAL NEURALGIA ASSOCIATION UK

Statement of Financial Position  
31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>Fixed assets</b>					
Tangible assets	6	-	3,402	3,402	4,798
<b>Current assets</b>					
Debtors	7	15,394	-	15,394	15,159
Cash at bank		211,592	14,901	226,493	255,982
		<u>226,986</u>	<u>14,901</u>	<u>241,887</u>	<u>271,141</u>
<b>Creditors</b>					
Amounts falling due within one year	8	(10,214)	-	(10,214)	(4,293)
<b>Net current assets</b>		<u>216,772</u>	<u>14,901</u>	<u>231,673</u>	<u>266,848</u>
<b>Total assets less current liabilities</b>		<u>216,772</u>	<u>18,303</u>	<u>235,075</u>	<u>271,646</u>
<b>NET ASSETS</b>		<u>216,772</u>	<u>18,303</u>	<u>235,075</u>	<u>271,646</u>
<b>Funds</b>	9				
Unrestricted funds				216,772	266,848
Restricted funds				18,303	4,798
<b>Total funds</b>				<u>235,075</u>	<u>271,646</u>

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....  
R Jackson JP - Trustee



**Notes to the Financial Statements  
for the year ended 31 March 2023**

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**1. Accounting policies**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Trigeminal Neuralgia Association UK is a Charitable Incorporate Organisation (CIO) and is registered with the Charity Commission for England and Wales.

**Going concern**

The accounts have been prepared on a going concern basis. The trustees have reviewed and considered relevant information including future cash flows in making their assessment with regard to going concern. Based on their assessment and the current resources available, the trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern and have concluded that it is appropriate to adopt the going concern basis in preparing the financial statements.

**Key sources of estimation, uncertainty and judgement**

The preparation of financial statements in conformity with generally accepted accounting practice requires management to make estimates and judgement that affect the reported amounts of assets and liabilities as well as the disclosure of contingent assets and liabilities at the balance sheet date and the reported amounts of revenues and expenses during the reporting period. The main source of estimation uncertainty is considered to be the calculation of depreciation. A full line by line review of fixed assets is carried out by management regularly. Whilst every attempt is made to ensure that the depreciation policy is as accurate as possible, there remains a risk that the policy does not match the useful life of the assets.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Tax reclaims on donations**

Incoming resources from tax reclaims are included in the SOFA at the same time as the gift to which they relate.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Governance costs**

Governance costs include the preparation and examination of statutory accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on cost

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives.

TRIGEMINAL NEURALGIA ASSOCIATION UK

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

1. Accounting policies - continued

**Fund accounting**

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**Debtors and creditors**

Debtors and creditors with no stated interest rate and falling due within one year are recorded at transaction price.

2. Other trading activities

	2023	2022
	£	£
Fundraising events	4,570	-
Shop income	230	636
	<u>4,800</u>	<u>636</u>

3. Investment income

	2023	2022
	£	£
Deposit account interest	816	18
	<u>816</u>	<u>18</u>

4. Trustees' remuneration and benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

	2023	2022
	£	£
Trustees' expenses	815	2,988
	<u>815</u>	<u>2,988</u>

5. Comparatives for the statement of financial activities

	Unrestricted fund £	Restricted funds £	Total funds £
<b>Income and endowments from</b>			
Donations and legacies	76,647	-	76,647
<b>Charitable activities</b>			
Charitable activities	39,468	-	39,468
Other trading activities	636	-	636
Investment income	18	-	18
<b>Total</b>	<u>116,769</u>	<u>-</u>	<u>116,769</u>
<b>Expenditure on</b>			
Raising funds	12,550	-	12,550
<b>Charitable activities</b>			
Charitable activities	109,910	787	110,697
<b>Total</b>	<u>122,460</u>	<u>787</u>	<u>123,247</u>

TRIGEMINAL NEURALGIA ASSOCIATION UK

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

5. Comparatives for the statement of financial activities - continued	Unrestricted fund £	Restricted funds £	Total funds £
<b>NET INCOME/(EXPENDITURE)</b>	(5,691)	(787)	(6,478)
Transfers between funds	(585)	585	-
<b>Net movement in funds</b>	(6,276)	(202)	(6,478)
<b>Reconciliation of funds</b>			
Total funds brought forward	273,124	5,000	278,124
<b>Total funds carried forward</b>	<u>266,848</u>	<u>4,798</u>	<u>271,646</u>
6. Tangible fixed assets			Fixtures and fittings £
<b>Cost</b>			
At 1 April 2022 and 31 March 2023			<u>5,585</u>
<b>Depreciation</b>			
At 1 April 2022			787
Charge for year			<u>1,396</u>
At 31 March 2023			<u>2,183</u>
<b>Net book value</b>			
At 31 March 2023			<u>3,402</u>
At 31 March 2022			<u>4,798</u>
7. Debtors: amounts falling due within one year		2023	2022
		£	£
Other debtors		<u>15,394</u>	<u>15,159</u>
8. Creditors: amounts falling due within one year		2023	2022
		£	£
Trade creditors		1,714	693
Other creditors		<u>8,500</u>	<u>3,600</u>
		<u>10,214</u>	<u>4,293</u>

TRIGEMINAL NEURALGIA ASSOCIATION UK

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

9. Movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	266,848	(50,076)	216,772
<b>Restricted funds</b>			
Restricted Capital	4,798	(1,396)	3,402
Members Support	-	3,500	3,500
Support Services Co-ordinator	-	5,250	5,250
Volunteer Training	-	1,365	1,365
East Anglia Region	-	2,000	2,000
Office Equipment	-	2,586	2,586
Ireland Support Group	-	200	200
	<u>4,798</u>	<u>13,505</u>	<u>18,303</u>
<b>TOTAL FUNDS</b>	<u>271,646</u>	<u>(36,571)</u>	<u>235,075</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	108,388	(158,464)	(50,076)
<b>Restricted funds</b>			
Restricted Capital	-	(1,396)	(1,396)
Members Support	3,500	-	3,500
Support Services Co-ordinator	5,500	(250)	5,250
Volunteer Training	5,000	(3,635)	1,365
East Anglia Region	2,000	-	2,000
Office Equipment	2,586	-	2,586
Ireland Support Group	200	-	200
	<u>18,786</u>	<u>(5,281)</u>	<u>13,505</u>
<b>TOTAL FUNDS</b>	<u>127,174</u>	<u>(163,745)</u>	<u>(36,571)</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
<b>Unrestricted funds</b>				
General fund	273,124	(5,691)	(585)	266,848
<b>Restricted funds</b>				
Restricted Capital	5,000	(787)	585	4,798
<b>TOTAL FUNDS</b>	<u>278,124</u>	<u>(6,478)</u>	<u>-</u>	<u>271,646</u>

TRIGEMINAL NEURALGIA ASSOCIATION UK

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

9. Movement in funds - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	116,769	(122,460)	(5,691)
<b>Restricted funds</b>			
Restricted Capital	-	(787)	(787)
<b>TOTAL FUNDS</b>	<u>116,769</u>	<u>(123,247)</u>	<u>(6,478)</u>

The restricted capital fund represents fixed assets obtained with restricted donations or legacies for the purpose of capital purchases.

10. Related party disclosures

There were no related party transactions for the year ended 31 March 2023.

TRIGEMINAL NEURALGIA ASSOCIATION UK

Detailed Statement of Financial Activities  
for the year ended 31 March 2023

	2023 £	2022 £
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations	65,407	51,488
Gift aid	15,394	15,159
Legacies	-	10,000
	<u>80,801</u>	<u>76,647</u>
<b>Other trading activities</b>		
Fundraising events	4,570	-
Shop income	230	636
	<u>4,800</u>	<u>636</u>
<b>Investment income</b>		
Deposit account interest	816	18
<b>Charitable activities</b>		
Memberships	36,142	33,323
Conferences & events	4,615	6,145
	<u>40,757</u>	<u>39,468</u>
<b>Total incoming resources</b>	<b>127,174</b>	<b>116,769</b>
<b>Expenditure</b>		
<b>Raising donations and legacies</b>		
Fundraising assistance	15,045	9,431
Other fundraising costs	7,656	3,119
	<u>22,701</u>	<u>12,550</u>
<b>Charitable activities</b>		
Staff & support costs	35,221	27,266
Printing, postage & stationery	11,137	8,189
Advertising	818	190
Sundries	472	62
Research costs	7,336	(1,063)
Website & IT support	11,354	9,758
Subscriptions	3,890	843
Conference expenses	14,688	15,712
Computer & software costs	548	1,512
Travel & subsistence	2,800	-
Training	3,635	-
	<u>91,899</u>	<u>62,469</u>
<b>Support costs</b>		
<b>Management</b>		
Administration support	37,294	32,822
Carried forward	37,294	32,822

This page does not form part of the statutory financial statements

TRIGEMINAL NEURALGIA ASSOCIATION UK

Detailed Statement of Financial Activities  
for the year ended 31 March 2023

	2023 £	2022 £
<b>Management</b>		
Brought forward	37,294	32,822
Office rent	-	600
Insurance	1,550	1,270
Telephone	2,105	3,972
Other office costs	-	570
Depreciation of tangible assets	1,396	787
	<u>42,345</u>	<u>40,021</u>
<b>Finance</b>		
Bank charges	1,679	1,619
<b>Governance costs</b>		
Trustees' expenses	815	2,988
Independent examiner's fees	2,760	3,600
Legal & professional	1,546	-
	<u>5,121</u>	<u>6,588</u>
Total resources expended	<u>163,745</u>	<u>123,247</u>
<b>Net expenditure</b>	<u>(36,571)</u>	<u>(6,478)</u>